

# Understanding Your Competent Child

#StrongKids Personality Guide

By Jennifer Keitt, co-author of #StrongKids





The greatest  
contribution is  
someone you raise  
not something you  
do!

~ Andy Stanley

# How to Recognize a Competent Child





## They tend to communicate by:

- Limiting how much they share
- Using very little inflection
- Writing more than speaking
- Using speech patterns that are structured and careful



## Their body language might consist of:

- Non-emotional delivery of information
- Few facial expressions
- Controlled gestures

# Here are some conversation or speech pattern identifiers:

- They tend to ask pertinent questions instead of making statements
- They may speak carefully with less expression
- They can be reluctant to reveal personal feelings
- They may use thinking words instead of feeling words
- They may use monotone tones when speaking



# Characteristics of Competent Children





# They maintain high standards

- They measure themselves and their behavior along a strict yardstick of a strong, demanding inner authority
- When they don't meet their inner standards, they often feel guilt and anxiety
- They fear criticism of their work and will work hard to avoid it at all costs

# They are attentive to key details

- They pay close attention to important details and want you to do the same
- They like their tasks and projects to be complete to the final detail, without mistakes or flaws
- Because they are so detail conscious, they are seldom wrong





# They are self-disciplined

- They take their work seriously and are capable of intense single-minded effort
- They regard self-discipline as essential to success and acceptable performance

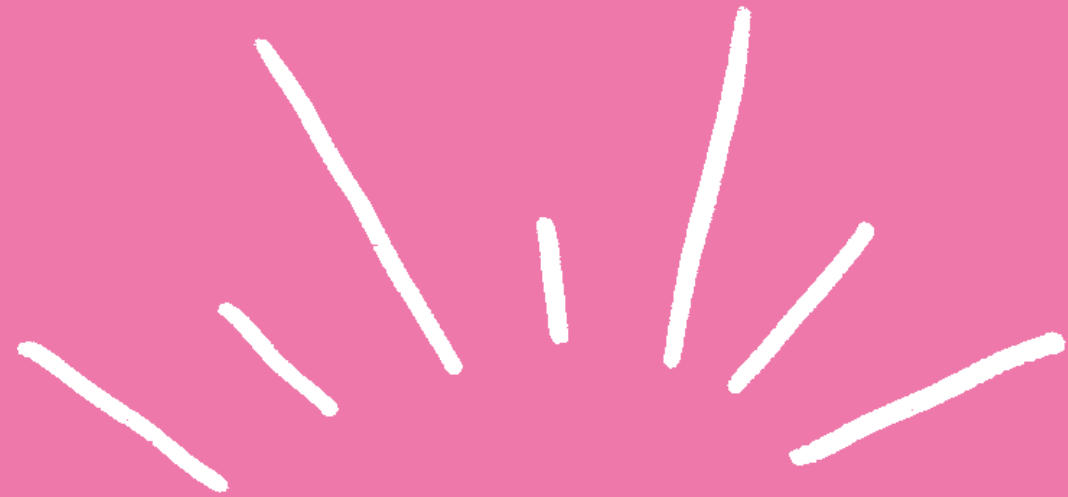
# They are analytical

- They are ruled by their heads
- They examine situations and think through their plans before taking action
- They concentrate more on thought and facts than they do on feelings



# Parenting Competent Children





The best way to parent this child is to  
**prove to them why this is the best way**

# Engineer the right environment for them to flourish by:

- Providing clearly defined tasks and explanations
- Giving sufficient time and resources to accomplish tasks
- Giving details

*all*





[www.strongkids.me](http://www.strongkids.me)

© 2020 TJ Communications Inc.

