

# Understanding Your Dominant Child

#StrongKids Personality Guide

By Jennifer Keitt, co-author of #StrongKids





The greatest  
contribution is  
someone you raise  
not something you  
do!

~ Andy Stanley

# How to Recognize a Dominant Child





## They tend to communicate by:

- Stating more than asking
- Talking more than listening
- Being blunt and to the point
- Speaking at high volumes or very quickly



## Their body language might consist of:

- Firm handshakes
- Steady eye contact (when interested)
- Fast-movements
- Big gestures

# Here are some conversation or speech pattern identifiers:

- They may have an aversion to small talk or chitchat
- They can attempt to direct the conversation
- Under stress they may become aggressive or defensive
- They may use direct tones when speaking
- They may often interrupt
- They may be abrupt



# Characteristics of Dominant Children





# They have high self-confidence



- They believe in themselves and their abilities
- They are independent doers and thinkers and seldom require outside reassurance or advice
- They make decisions quickly and easily
- They can take care of themselves

# They are results-oriented

- They are ambitious and goal-oriented
- They do what is necessary to get the job done





# They are courageous!

- To live is to dare
- They are risk takers and adventure-seekers
- They are physically and mentally tough and will stand up to anyone who tries to take advantage of them

# They are commanding

- They aggressively take charge and enjoy giving orders
- Theirs is an “I lead, you follow” and “My way or the highway” approach to life
- They expect everyone to understand that they are in charge and that their authority should be respected



# Parenting Dominant Children





The best way to parent this child is to  
**challenge them and give them choices**

# Engineer the right environment for them to flourish by:

- Giving them freedom
- Giving them authority
- Giving them difficult assignments

*all*





[www.strongkids.me](http://www.strongkids.me)

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